

PSHE Do Now



P

Previous Lesson

[Insert question here]



S

State two things you know about

[Insert key word or concept here]



H

Harder to recall from the past

[Insert question here]

E

Explain what is meant by

[Insert key words or concept here]

Sunday, 18 February 2024

The emotional consequences and law around sending 'nudes'

Can you suggest definitions for the following terms?

One to think about:



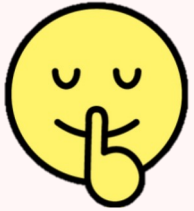
Victim:

someone who has been harmed, hurt, or mistreated by another person or a situation.

Perpetrator:

the person who causes harm or does something wrong. They are responsible for hurting others or committing a harmful act.

The PSHE ground rules:



Listen to others | Please do not talk over each other. It is okay to disagree, but we must show REGARD by not making assumptions and when we do disagree, challenge the statement and not the person.



Respect and Privacy | Use respectful language and body language. We might discuss examples, but we do not use people's names or identify people outside of the classroom.



No judgement | We will explore beliefs and misconceptions about a topic without being judged.



Participation | We ENDEAVOUR to take part in activities, share ideas and encourage others to do the same.



Seeking help | We will look at some challenging topics and find out where to get support. You can also talk to any adult at school to talk about a particular topic.

What are the wider issues around sending nudes and ‘sexting’?

Sexting refers to **the act of sharing a sexual message and/or a naked or semi-naked image, video, or text message** with another person. It can involve explicit content **sent via digital platforms**. [Source: NSPCC]



The research says this is a big issue amongst young people!
A study by *dosomething.org* found:

- *How do these make you feel?*
- *How would you feel if a friend or family member were affected?*

Nearly 40% of all teenagers have posted or sent sexually suggestive messages, but this practice is more common among boys than girls.

Sending semi-nude or nude photos is more common among teens girls. 22% of teen girls report sending images of this nature, while only 18% of same-age boys have.

Who will see your 'sext'?
17% of 'sexters' share the messages they receive with others, and 55% of those share them with more than one person.

Teenage girls have a few reasons for why they participate in sexting: the main reasons include: 40% do it as a joke, 34% do it to feel sexy, and 12% feel pressured to do it.

15% of teens who have sent or posted nude/semi-nude images of themselves send these messages to people they have never met but know from the Internet.

One to think about:

Ana is 13. She met her boyfriend, who is 15, online and has been going out with him for three weeks. He has been asking her for naked photos. She doesn't want to send any, but is worried that she'll lose him if she keeps saying 'no'. Ana asks her school friend Jasmine for advice. Jasmine has sent nudes before and doesn't understand why Ana thinks it's such a big deal.

You will receive a persona to think about: Each number is a character to write about.

1 = Ana, 2 = the boyfriend 3 = Jasmine

Your task: You have two minutes to mind map all of the things that your character might be thinking and feeling.

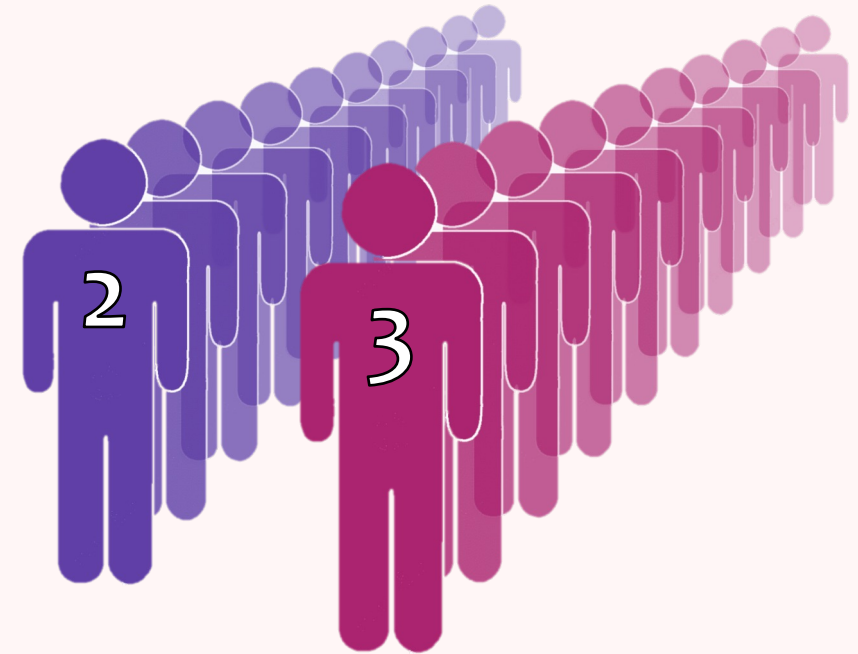
A 'pressure cooker' situation

! *This activity must only be carried out by showing regard towards one another* !

Stay in role.

Those numbered '2' (thoughts of the boyfriend) and '3' (thoughts of Jasmine) create two lines, about 1 metre apart, facing one another.

Participants numbered '1' (thoughts/feelings of Ana) will walk slowly through the middle of the lines, one at a time. As they do so, the rest of the group say (in character) what they are thinking and feeling.



A 'pressure cooker' situation – reflection and feedback

Whilst we're still standing up:

Group 1 (thoughts of Ana): How was that for you? What thoughts or feelings did you have when experiencing that kind of pressure?

Groups 2 and 3: Imagine you're Ana's online or offline friends. What would you like to say to Ana to relieve the pressure she's feeling?
to relieve the pressure.

Now, replay the scenario, supporting this young person. As each 'Ana' walks through the lines, each person will give their supportive piece of advice to relieve the pressure.

What are the emotional consequences for somebody sharing a nude photo?

Watch the video of Laura's story.

Create a sub-heading:

'The emotional consequences of sharing a nude photo'

During the video, note down all of the feelings that Laura might have gone through, having sent the photograph.

Be ready to feed back.



Red pens at the ready - steal an idea. Tick if you got any of these...

First, for two of your ideas, note down a little more detail about WHY Laura might feel this way. Aim to use connective phrases like: 'This meant that...' 'This resulted in...' 'I think this as...'

Click for answers:

- **Regret: After sending an intimate photo, Laura might experience regret due to the potential risks and consequences.**
- **Bullied: If the image is shared without consent, it can result in bullying or harassment. Laura may face ridicule or negative comments.**
- **Isolated: Fear of judgment or embarrassment may lead Laura to withdraw from social interactions.**
- **Betrayed: If the image becomes public, friendships may be strained or lost due to gossip or betrayal.**
- **Loss of Self-Respect: Sharing intimate photos can impact self-esteem and self-respect.**

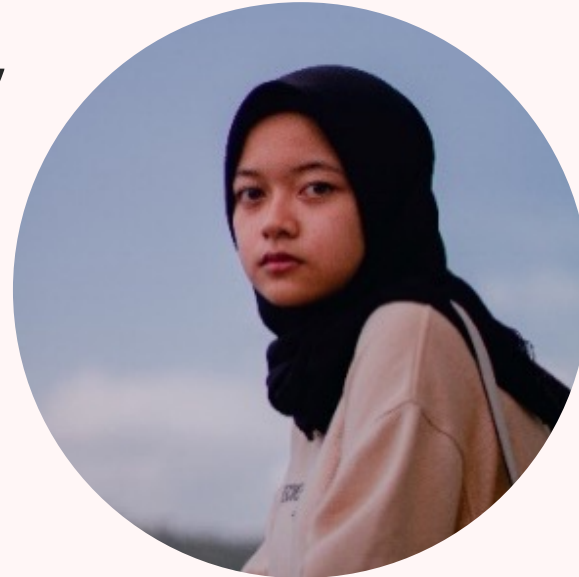
What does the law say?

1. The **age of consent** for have sex in the UK is 16.
2. However, it is an **offense** to make, distribute, possess, or show any indecent images of anyone aged under 18, even if the content was created with their consent.
3. The law is contained in **Section 1 of the Protection of Children Act 1978**.
4. “Indecent” imagery includes nude or semi-nude sexual posing, sexual activity involving a child, and more.
5. Non-consensual sharing of private sexual images with the intent to cause distress is also illegal.



How should you respond to receiving a nude?

- Read the suggestions from the characters on your sheet about how to respond to nude images.
- In your book, rank which you think are the most, down to the least, helpful strategies.



Adapted from PSHE
Association resources

How would I respond to receiving a nude?







Having ranked your responses, focus on the **most useful** choice.

- 1. Explain** in a detailed paragraph **why** it was the best response in your opinion.
- 2. EBI:** Try to link back to the emotional consequences for the people involved – you might even reference the law in your paragraph!
- 3. EBI:** Create a **balanced argument**. Consider the least useful choice. Give a reason why was it less useful...

How would I respond to receiving a nude?

Rank the responses below onto the continuum, using the statement number.

← Least helpful strategy → Most helpful strategy

<p>A. To be honest I find it kind of funny when I receive them – like ‘why do I want to see that?’ So I usually just send back loads of laughing emojis or a meme. I find humour helps smooth over the situation.</p> 	<p>B. I repeatedly asked them to stop sending them to me, but they weren't listening. It was someone at school, so I told my form tutor about it. I worried at first about the reaction from my peers, but I decided I didn't deserve to be treated like that and the school needed to deal with it.</p> 	<p>C. As a non-binary person, some social media sites don't feel like a safe space for me anyway. So when I started receiving random nudes that I didn't want, I decided to just leave certain apps.</p> 
<p>D. I just ignore the dick pics I get sent. They don't deserve my time or a response.</p> 	<p>E. When I received one I didn't know what to say. I didn't want to see it but I also didn't want to offend or embarrass him... and I definitely didn't want to send one back. So I just said ‘thanks’. It was really awkward.</p> 	<p>F. I block and report every time. I don't need that in my life and I don't want anyone thinking I'm interested in pics I didn't ask for.</p> 

Need support? Try these sentence starters:

- _____ was the best response because...
- It best considers people's emotions as...
- It links to the law around sending and receiving nudes as...

Where can you go for support?



If you need to talk to somebody after today's lesson, support is available inside and outside of school. You can contact the following people...

- *Your Form Tutor*
- *Your Head of Year*
- *The Wellbeing Team*
- *Seek confidential support from any of these agencies:*

